



Our Favorite Foods

In this project you are going to learn about food. What are your favorite foods? How do you prepare them?

1. Produce your own cookbook

In this book collect everything you need to know in order to talk about food in English.

Your cookbook must contain the following pages:

- A collection of your most and least favorite foods.
- A dictionary (double-page) of cooking utensils, dishes and cooking verbs. (stir, fold in, bake, whip, grate, kneed, beat..).
- A looooong list of ingredients for all kinds of dishes. Group them into useful categories.
- 3-4 recipies: Choose some delicious dishes from your teacher's cookbooks or from the internet. Do not copy the exact words -- simplify them and write your own version of the recipes.
- 2 of your favorite family recipies. Ask your mom, then write the list of ingredients and the instructions in English. Do not try to translate every sentence -- just write the steps using the new phrases that you have learned in this project.

2. Try out one of your favorite recipies.

Work in pairs or groups of three. Decide which recipe you would like to try out and meet in one of your homes. (Share the cost for the ingredients.) Prepare the food and take photos after each step.

Do not forget to clean up the kitchen afterwards.

3. Present your food online.

This time we will work with a new program called MyBrainshark.com.

1. Sign up at MyBrainshark.com
2. Make a simple powerpoint presentation. Start with a title and the ingredients. Use your photos and write down all the steps of your recipe.
3. Upload your powerpoint presentation to MyBrainshark.
4. Record your voice. Take turns -- each of you should speak about one or two steps.
5. Share the link to your brainshark presentation on moodle.

Some useful websites for this project:

<http://www.bbcgoodfood.com/>

<http://www.bestrecipes.com.au/>

http://en.wikipedia.org/wiki/List_of_food_preparation_utensils

<http://thebingomaker.com/index.php/bingo-cards/tools-bingo-cards/kitchen-utensils-bingo-cards.html>

Tips:

Most English recipes use **cups and spoons as units of measure**. Bring an empty plastic cup to class and mark the right levels for a cup and a half cup.

Many English cake recipes ask for "**self raising flour**". To make this use 500g wheat flour + one bag of baking powder + a pinch of salt. Mix these ingredients well in a large bowl (or shake them for a while in a big Tupperware container).



Let's see what you have cooked.

Put the link to your brainshark presentation into the database below:

-  [Our favorite foods Database](#)

Let's see what you have cooked. Paste your link to your brainshark presentation into this database so we can all see what you have cooked and how you did it.